

We will update this information regularly, so please continue to check back:

1. The Cara Program and Cleanslate.

The Cara Program
703 W. Monroe
Chicago, Illinois 60661
tel: 312/382-0267
fax: 312/382-0268
<http://www.thecaraprogram.org>

Scope of Volunteer Opportunity

Roll up your sleeves and join a team of Cleanslate interns providing neighborhood beautification services to help keep sidewalks, parkways, public gardens and vacant lots clean, and to instill renewed pride in communities. Learn about recycling efforts within the community, and understand how Cleanslate interns emerge as ambassadors of the neighborhood with a drive for fast and friendly service, and a commitment to making the neighborhood look beautiful.

Cleanslate was created to provide on-the-job training and transitional support services for individuals in The Cara Program who face significant obstacles to employment. Understanding the role that community development can play in personal esteem building and, on a larger scale, economic renewal, it is our mission that Cleanslate will promote community vibrancy and neighborhood safety, while helping hundreds of at-risk individuals build skills that will truly transform their lives.

Founded in 1991, The Cara Program has placed over 1,800 individuals affected by homelessness and poverty in permanent, quality jobs with benefits, most recently at an average wage of \$10.68 per hour and job retention rates at one year of employment of 73%.

2. Glenkirk Moraine: A Home for Many, With Many Needs

Glenkirk
3504 Commercial Avenue
Northbrook, Illinois 60062-1821
Phone: 847-272-5111
FAX: 847-272-7350
<http://www.glenkirk.org>

Glenkirk's Moraine Community Living Facility is home to twenty individuals with developmental disabilities. Nestled close to downtown Highland Park, the residents of Moraine have access to all the resources they need for daily life. The consumers at Moraine all have moderate to mild developmental disabilities. Moraine serves as one-

part home, one-part training-ground to help these individuals learn the skills they need to one day live in a home on their own.

Program Structure

Glenkirk's Moraine facility consists of five consumer apartments and one staff apartment. Each consumer apartment has its own staff liaison. There is 24-hour staffing in the building, but not directly in each apartment. Like the other residents at Glenkirk, each individual resident has their very own Individualized Service Plan, which includes an assessment of their strengths, needs, interests and goals and outlines the services they will receive to meet each of these areas. At Moraine, residents learn independent living skills like healthy and safe cooking, how to take care of their home and home safety, personal finance skills, community access and mobility, and self-care skills including self-administration of medication, personal hygiene, and wellness. These are the key skills they will need to live in a home in the community independent of staff supervision one day.

When people have successfully mastered the necessary daily living skills, they "graduate" from the Moraine program. Glenkirk assists them in locating an apartment or home to rent or buy, helps them find appropriate roommates, and provides intermittent support until they have successfully transitioned to living on their own. Glenkirk continues to support these individuals through the Foundations for Neighborhood Living (FNL) program, providing support and acting as resources as needed.

Glenkirk has had a number of individuals move from our small group homes into Moraine, and then move on to graduate from Moraine into the FNL program. These people are truly a testament to the determination of those we serve. The residents recognize and understand the importance of the skills they are learning through the program in helping them become more independent in their lives.

The Need for Capital Support at Glenkirk

Glenkirk receives approximately 80% of its funding from governmental sources to help underwrite the cost of services we provide to our residents. However, this reimbursement for services is just the bare minimum necessary to provide basic programs. Glenkirk provides high-quality services that are individualized for each person we serve. We continually develop and enhance our programs to respond to the needs and interests of our residents and their families. It is the contributions that we receive from kind individuals and community supporters that allow us to provide the "extras" that make for quality innovative services.

Because state funding barely covers basic programs, and contributions are generally used to provide programs directly to our consumers, limited funding is available to address capital needs. Glenkirk currently owns nineteen of its community homes, several of which we have owned for nearly 25 years. While we have continued to address immediate capital needs, a wide variety of maintenance issues are deferred due to lack of

funding or skilled volunteer resources. It is our goal to go beyond “putting a roof overhead” and to provide homes that have attractive, comfortable, personalized family atmospheres.

The Need at Moraine

Moraine has been a Glenkirk facility for 26 years. Because each apartment is shared by 3-4 individuals with a range of skill levels, the apartments receive much harder use than an average home. It is difficult to teach people with developmental disabilities what “clean” looks like when they are cleaning floors that are so badly worn they look dirty even when clean. It is difficult to teach people how to prepare a healthy meal for three people with two burners out of order on their stove.

The main fixtures of the apartments are in desperate need of renovation. Each of the five apartments has two bathrooms in need of complete overhaul including floor repairs, tub/shower replacements, vanities, toilets, etc. Each apartment is also in need of new kitchen fixtures as well, including cabinets, counters and appliances. Further, each apartment is overdue for cosmetic improvements including fresh paint, and assistance with personal touches that make for a decorated, cozy home.

The building itself is in need of a variety of repairs. There are cracks in the walls that need to be repaired. We recently replaced the entire roof and will be replacing the windows this summer. The parking lot, which has a great deal traffic from staff vehicles, Glenkirk transportation vans, and public transportation vehicles such as pace buses or taxis needs to be repaired for the safety of those walking through it.

3. Shelter, Inc., Arlington Heights, IL

1616 N. Arlington Heights Road
Arlington Heights, Illinois 60004-3980
847.255.8060
Fax: 847.590.6184
e-mail: shelter@shelter-inc.org
www.shelter-inc.org

A. At our Jennings Emergency Group Home for Girls in Schaumburg, the Dining Room and window frames need to be painted. This home is an old farmhouse and is a safe place for girls age 11-17 in our community. The Dining Room is used for evening meals and a place where the girls can do their homework.

B. At our Emergency Boys in Palatine, the windows need to be washed on the inside and outside of the home.

C. At our Healthy Families/Development office in Arlington Heights, the reception, conference room and hallway needs to be painted.

D. At our Thrift Shop in Schaumburg, a limited number of volunteers can help with sorting donations, placing priced items on the sales floor and help keep the store clean.

4. Housing Opportunities For Women (HOW)

1607 West Howard Street
Second Floor
Chicago, Illinois 60626
Telephone: (773) 465-5770
Facsimile: (773) 465-5771
www.how-inc.org

For information on housing availability or volunteer opportunities, please contact:
Intake/Volunteer Coordinator - Jeong Shin (jshin@how-inc.org)

Habitat for Humanity - Fall 2006

October 28 – November 4, 2006

Slidell, Louisiana

House In-A-Box

In response to hurricane destruction last fall, Habitat for Humanity launched a nationwide program called Operation Home Delivery (OHD). In November 2005 our team was in Slidell, Louisiana and participated on the receiving end of OHD. We built 3 foundations for OHD homes and then unloaded pre-built wall sections for the first houses that were delivered as part of this program.

This year we have committed to building a **House In-A-Box and bringing it with us to Slidell.**

In preparation for the October 28 – November 4, 2006 trip to Slidell, Louisiana we will spend 2 days framing the walls for a 2 bedroom **House** In-A-Box that we will ship to Slidell and assemble when we arrive.

Framing Days will be:

Saturday October 7, 2006 10:00 AM – 1:00 PM

Saturday October 14, 2006 10:00 AM – 1:00 PM

Our job site is in the parking lot at Association Management Center, 4700 W Lake Avenue, Glenview, IL 60025

Everyone is invited to participate in Framing Days. Bring your hammer and tape measure. Tools belts are welcome, but optional.

In addition to acquiring the framing materials locally, we need to raise funds for the remaining materials and land for the house. The total cost for the **House** In-A-Box is \$50,000. Quite a bargain when you consider the cost for housing where we live.

Donations are tax deductible. Checks should be made payable to East St. Tammany Habitat for Humanity. We will collect the checks here and send them in a batch to East St. Tammany.

Contact:

Jeff Engle 773-835-4704

jengle@connect2amc.com

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sengle@connect2amc.com

Habitat for Humanity - Fall 2006

October 28 – November 4, 2006

Slidell, Louisiana

Fact Sheet

When:

Work days 7:00 AM, Monday, **October 30** – Noon, Saturday, **November 4, 2006**
Arrivals begin on Saturday October 28, 2006
Hurricane area touring on Sunday October 29, 2006

Where:

Slidell, Louisiana. Where Katrina's fury was devastating and rebuilding efforts are underway.

What:

In July 2006, Slidell H4H launched a program to **build 100 homes**. They plan to complete 100 new homes before June 30, 2007. They estimate 35 homes will be in construction by the time we arrive in late October.

Who:

You and your friends. H4H requires participants to be at least 16 years old. Our group has grown from 3 people in 2001 to more than 35 last year. We have space for **60 people** this year. First come basis.

Why:

We bring **hope** for tomorrow...

How much:

\$500 – Suggested donation (tax deductible) to Habitat for Humanity. This amount will go straight to the Slidell Habitat affiliate. Your lodging, most meals, snacks, etc. will be provided at no extra cost. You may consider raising support to help cover the donation.

Travel is **on your own**. If you choose to drive, we'll arrange car pools. We anticipate many will fly (New Orleans) and rent cars and we'll try to connect people on flights to make that as efficient as possible. Airport transportation will not be provided this year.

Other:

Slidell H4H has assembled a solid infrastructure and staff including 4 full time construction professionals, 6 full time AmeriCore staff, a full time volunteer coordinator, and office staff. They are serious about reaching the goal of 100 homes. **They need volunteers.**

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